

# भारतीय भारोत्तोलन संघ Indian Weightlifting Federation



Affiliated to: International Weightlifting Federation, Asian Weightlifting Federation,  
Commonwealth Weightlifting Federation and Indian Olympic Association  
Recognised by: Ministry of Youth Affairs & Sports, Govt. of India

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All Executive Committee Members and  
Affiliated Units of Indian Weightlifting Federation

**Sub: Introduction of new body weight categories by International Weightlifting Federation  
for International Championships and Olympic Games.**

Dear All,

The Executive Committee and General Council Meetings dated 5<sup>th</sup> and 6<sup>th</sup> July 2018 of International Weightlifting Federation held at Tashkent, Uzbekistan have introduced new body weight categories for International Championships and Olympic Games.

The new body weight categories are as under:-

<b>Senior and Junior Men</b>	<b>10 nos.</b>
55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, 109 kg and +109 kg	
<b>Senior and Junior Women</b>	<b>10 nos.</b>
45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg and +87 kg	
<b>Youth Boys</b>	<b>10 nos.</b>
49 kg, 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg and +102 kg	
<b>Youth Girls</b>	<b>10 nos.</b>
40 kg, 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg and +81 kg.	
<b>Olympic Games</b>	<b>7 nos. Each</b>
Men	61 kg, 67 kg, 73 kg, 81 kg, 96 kg, 109 kg and +109 kg
Women	49 kg, 55 kg, 59 kg, 64 kg, 76 kg, 87 kg and +87 kg

Accordingly, the body weight categories will be affected from the forthcoming 14<sup>th</sup> Youth (Sub-Junior Boys & Girls) and 55<sup>th</sup> Men & 31<sup>st</sup> Women Junior National Weightlifting Championships-2018-19 and 71<sup>st</sup> Men & 34<sup>th</sup> Women Senior National Weightlifting Championships-2018-19. The minimum qualification standard for participation in each body weight category will be communicated later on.

Kindly take a note of it and conduct your State / Unit Championships and Selection trials in above body weight categories only.

Yours Sincerely,

  
[Sahdev Yadav]  
Secretary General

